



# SUGAR PILLS

## NON-MEDICAL WAYS TO FEEL YOUR BEST

**Do you want to feel your best?**

Sugar Pills: Non-Medical Ways to Feel Your Best will show you the way no matter how you're feeling now.

Discover these seven simple, inexpensive and effective natural methods and enhance your life.

The sweetest news is: This book is for everyone.

My name is Barbara Baxter. I'm a cancer survivor and I've used these tips – they work.

**A FEEL-GOOD BOOK ABOUT FEELING GOOD**

- TRUE STORIES
- EAST-TO-USE INFO
- HEALTHY TIPS
- AWESOME OPTIMISM
- FRIENDLY ADVICE
- RECIPES
- AND SO MUCH MORE!



ISBN 978-1-4849-0585-2



9 781484 905852

5 1 2 9 5 >



Barbara and her children L to R Trevor, Holly and Darren.